

CHECKLIST FOR GAZA

Please return completed checklist to your *masjid* (mosque) at the next *Jumu'ah* (Friday) prayer.
 Each masjid report the total number collected. **Deadline: Friday January 16, 2009**

<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> MAKE DU'A' (A PRAYER) – 5 MINUTES DAILY</div> <p>O Allah, improve the state of the <i>Ummah</i> (nation) of Muhammad (saws); O Allah, grant ease to the Ummah Muhammad (saws); O Allah, have mercy on the Ummah of Muhammad (saws).</p> <p>O Allah ease the pain and suffering of the people of Gaza; O Allah, grant them steadfastness and patience; O Allah, make their hearts firm and strong; O Allah, save the people of Gaza.</p>	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> TALK TO A NEIGHBOR AND/OR CO-WORKER</div> <p>Educate your co-workers, friends, and neighbors about the situation in Gaza; let them know why this is important to you. Often times, people trust information from a source they know and are more likely to share this information on with others.</p> <p>For talking points: http://www.middle-east-online.com/english/?id=29449</p>
<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> PRAY TAHAJJUD (NIGHT PRAYERS)</div> <p><i>"Allah will never change the condition of a people until they change that which is within themselves."</i> (The Holy Qur'an 13:11)</p> <p>In order for any of our actions be effective, they must be blessed by and accepted by Allah. We can only achieve this by drawing nearer to Him through acts of worship and abstaining from prohibited acts.</p> <ol style="list-style-type: none"> 1. Make sure to sleep and wake up between 'Isha' and Fajr prayers. 2. Make your wudu', clear your mind and prepare for your prayer. 3. Make your intention to perform 2 rak'ahs of Tahajjud prayer. 4. During your <i>sujud</i> (prostrations), recite a du'a' for those suffering in Gaza [see above for examples]. 5. Can be repeated up to 8 rak'ahs (4 sets of 2 rak'ahs). 	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> ATTEND A DEMONSTRATION</div> <p>For protest dates/ times/ locations: www.answerla.org</p>
<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> FAST MONDAY AND/OR THURSDAY</div> <p>Abu Hurayrah reported that the Prophet (saws) would fast Mondays and Thursdays. When he was asked about this, he said, "The deeds of people are presented to Allah (swt) on every Monday and Thursday. Allah (swt) forgives every Muslim except for those who are deserting each other."</p>	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> CONTACT ELECTED OFFICIALS</div> <p>President-Elect Barack Obama: http://change.gov/page/content/contact/</p> <p>Senator Barbara Boxer: (202) 224-3553 Senator Dianne Feinstein: (202) 224-3841</p> <p>Locate your U.S. Representative: https://writerep.house.gov/writerep/welcome.shtml</p>
<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> CALL A RESIDENT OF GAZA</div> <p>Call a random number in Gaza. Tell them that you are calling from North America, make Duaa for them and tell them all their brothers and sisters around the world are with them. This will give them moral support and courage. How to call:</p> <p>Replace last 4 digits with random ones.</p> <p>(011) 972-8284-XXXX (011) 972-8282-XXXX (011) 972-8255-XXXX</p> <p>Try 4 or 5 times and you'll reach a family insha'Allah! Even if you don't speak Arabic, use slow and simple English.</p>	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> WRITE A LETTER TO THE EDITOR</div> <p><i>New York Times:</i> letters@nytimes.com <i>Los Angeles Times:</i> letters@latimes.com <i>Washington Post:</i> letters@washpost.com <i>Chicago Tribune:</i> ctc-tribletter@tribune.com <i>Orange County Register:</i> letters@ocregister.com <i>Time Magazine:</i> letters@time.com <i>Newsweek Magazine:</i> letters@newsweek.com</p>
	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> SIGN AN ONLINE PETITION</div> <p>Avaaz: http://www.avaaz.org/en/gaza_time_for_peace/ CAIR: http://petition.cair.com/Default.aspx IAC: http://www.iacenter.org/gazapetition/</p>
	<div style="background-color: #e0e0e0; padding: 2px;"><input type="checkbox"/> DONATE TO RELIEF ORGANIZATIONS</div> <p>Islamic Relief: www.irw.org LIFE for Relief & Development: www.lifeusa.org KinderUSA: www.kinderusa.org</p>

If you have questions, concerns or would like to request an electronic version of the checklist, please email gaza.checklist@gmail.com.